

PREPARING FOR YOUR APPOINTMENT

PALFORZIA® DOCTOR DISCUSSION GUIDE

This guide is intended to help you and your child prepare for a productive conversation with your child's allergy specialist about peanut allergy and PALFORZIA.

Before your first visit with the allergy specialist, consider writing down all the information they may need to get a clear picture of your child's allergy history. It may also be helpful to make note of questions you might want to ask. Bring this guide with you to your child's next appointment with their doctor.

The information contained herein is provided for informational purposes only and is not meant to substitute for medical advice from your child's physician or other healthcare professional. Please consult with your child's healthcare professional if you have any questions about your child's health or treatment.

Questions your child's allergy specialist might ask:

When was the last time your child had a reaction and what caused it?

Is your child allergic to anything else?

Does your child have any other medical conditions?

Does your child ever have trouble swallowing or feel like there's food stuck in their throat?

Can you commit to coming to the office every two weeks for about 6 months?

Can you commit to giving your child a dose of PALFORZIA every day?

Do you understand the dosing process?

Will your child be comfortable carrying epinephrine daily?

What is PALFORZIA?

PALFORZIA is a treatment for people who are allergic to peanuts. PALFORZIA can help reduce the severity of allergic reactions, including anaphylaxis, that may occur with accidental exposure to peanut. PALFORZIA may be started in patients aged 1 through 17 years old. If you turn 18 years of age while on PALFORZIA treatment you should continue taking PALFORZIA unless otherwise instructed by your doctor. PALFORZIA does NOT treat allergic reactions and should not be given during an allergic reaction, including anaphylaxis. You must maintain a strict peanut-free diet while taking PALFORZIA.

Please see Important Safety Information continued throughout this guide.

Questions to consider asking your child's allergy specialist:

Will my child still need to carry epinephrine?

How soon does PALFORZIA start working?

How will we know it's working?

Is there an ideal age to start PALFORZIA?

What happens during the appointment?

What are some of the more common side effects?

What are the most severe side effects?

Can my child take other medications while being treated?

What if my child has other allergies?

Are there dietary restrictions my child must follow during treatment?

What follow-up tests are there?

How is PALFORZIA different from other treatments?

Will PALFORZIA allow my child to be treated without injection?

IMPORTANT SAFETY INFORMATION

PALFORZIA can cause severe allergic reactions called anaphylaxis that may be life-threatening and can occur at any time during PALFORZIA therapy.

- You will receive your first dose in a healthcare setting under the observation of trained healthcare staff.
- You will receive the first dose of all dose increases in a healthcare setting.
- In the healthcare setting, you will be observed for at least 1 hour for signs and symptoms of a severe allergic reaction.
- If you have a severe reaction during treatment, you will need to receive an injection of epinephrine immediately and get emergency medical help right away.
- You will return to the healthcare setting for any trouble tolerating your home doses.

Please see Important Safety Information continued throughout this guide.

NOTES:

IMPORTANT SAFETY INFORMATION (CONTINUED)

Stop taking PALFORZIA and get emergency medical treatment right away if you have any of the following symptoms after taking PALFORZIA:

- Trouble breathing or wheezing
- Chest discomfort or tightness
- Throat tightness
- Heartburn
- Trouble swallowing or speaking
- Swelling of your face, lips, eyes, or tongue
- Dizziness or fainting
- Severe stomach cramps or pain, vomiting, or diarrhea
- Hives (itchy, raised bumps on skin)
- Severe flushing of the skin

Because of the risk of severe allergic reactions, PALFORZIA is only available through a restricted program called the PALFORZIA Risk Evaluation and Mitigation Strategy (REMS) Program. PALFORZIA is a prescription only medication. Talk to your healthcare provider for more information about the PALFORZIA REMS program and how to enroll.

You should NOT take PALFORZIA if you have uncontrolled asthma, or if you ever had eosinophilic esophagitis (EoE) or other eosinophilic gastrointestinal disease.

Tell your doctor if you are not feeling well prior to starting treatment with PALFORZIA. Your doctor may decide to delay treatment until you are feeling better. Also tell your doctor about any medical conditions you have and if you are taking or have recently taken any other medicines, including medicines obtained without a prescription and herbal supplements.

Please see Important Safety Information continued throughout this guide.

IMPORTANT SAFETY INFORMATION (CONTINUED)

Your doctor may decide that PALFORZIA is not the best treatment if:

- You are unwilling or unable to receive (or self-administer) injectable epinephrine.
- You have a condition or are taking a medication that reduces the ability to survive a severe allergic reaction.

What are the possible side effects of PALFORZIA?

The most commonly reported side effects of PALFORZIA in ages 1 through 3 years were: cough, sneezing, runny nose, nasal congestion, throat irritation, wheezing, stomach pain, vomiting, diarrhea, itchy mouth, pain in the throat, hives, rash, itchy skin, and/or inflammation of the skin around the mouth.

The most commonly reported side effects of PALFORZIA in ages 4 through 17 years were: stomach pain, vomiting, feeling sick, itching or burning in the mouth, throat irritation, cough, runny nose, sneezing, throat tightness, wheezing, shortness of breath, itchy skin, hives, and/or itchy ears.

PALFORZIA can cause severe allergic reactions called anaphylaxis that may be life-threatening.

PALFORZIA can cause stomach or gut symptoms including inflammation of the esophagus (called eosinophilic esophagitis). Symptoms of eosinophilic esophagitis can include:

- Trouble swallowing
- Food stuck in throat
- Burning in chest, mouth, or throat
- Vomiting
- Regurgitation of undigested food
- Feeling sick

For additional information on PALFORZIA and/or the possible side effects, talk with your doctor or pharmacist.

Please see full Prescribing Information, including Boxed WARNING and Medication Guide on [Palforzia.com](https://www.palforzia.com).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call **1-800-FDA-1088**.

